

LIVER PROBLEMS

OPDIVO® (nivolumab)

Report immediately to your oncologist's office

What are the symptoms?

- Changes in your energy level (more tired)
- Yellowing of your skin or the whites of your eyes
- Change in the color of your stool (paler)
- Change in the color of your urine (darker, tea-colored)
- Abdominal pain, particularly on the upper right side of the stomach
- Bruising more easily
- Bleeding more easily
- Fever
- Confusion, drowsiness, feeling “foggy”
- Increased sweating
- Abdominal bloating

What you should tell your oncology team member:

- When you first noticed the symptoms above.
- How severe the symptoms are.
- If you have been losing or gaining weight without trying.
- If the symptoms are interfering with your daily activities.
- A list of medications and supplements you're taking (especially any product containing Tylenol®).
- If you drink alcohol and how much per day.
- If you've ever had liver problems before.
- What you have tried at home to manage the symptoms.

Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- If you have severe pain and/or swelling in your stomach.
- Your skin has turned yellow.
- You're very drowsy all day.
- You feel confused or foggy.

Taking care of your liver:

- Drink lots of fluids every day.
- Don't drink a lot of alcohol (no more than one drink per day for women and two drinks per day for men) or avoid alcohol all together.
- Eat a well-balanced diet without too much fat and stay active to maintain a healthy weight.
- Do not take more Tylenol or prescription pain medication than recommended.